SCHOOLHOUSE GRILL
School Meal Specialists

Kiddie College

October 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3	**4**	**5**	**6**	**7**
"Burrito Bowl Day" Chicken Fajita 2 oz Rice Bowl w/ Shredded Cheese; Fresh Cucumber Slices 2 ea w/ Ranch Dip; Veggie: Bean Rice Bowl Fresh or Chilled Fruit	Baked Chicken Nuggets 4 ea Sweet Yellow Corn ¼ c Veggie: Veggie Chi'k Nuggets Fresh or Chilled Fruit	"Breakfast For Lunch" Pancakes 2 ea w/ Syrup Turkey Sausage Links 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Classic Cheesy Baked Ziti ½ c Fresh Salad w/ Ranch Dressing ¼ c Veggie: Cheesy Baked Ziti Fresh or Chilled Fruit	Roasted Turkey & Cheese Sub Fresh Cucumber Slices 2 ea w/ Ranch Dip Veggie: Double Cheese Sub Fresh or Chilled Fruit
10	**11**	**12**	**13**	**14**
Hawaiian Meatballs 3 ea & Rice ¼ c; Fresh Baby Carrots ¼ c w/ Ranch Dip; Veggie: Veggie Chi'k Patty on Rice Fresh or Chilled Fruit Toddlers: Cooked Carrots	Rainbow Tortellini (Cheese) w/ Olive Oil & Kale Basil Pesto ½ c; Fresh Salad w/ Ranch Dressing ¼ c Veggie: Rainbow Tortellini Fresh or Chilled Fruit	Enriched Spaghetti w/ Marinara & Meat Sauce ½ c Tender Sweet Peas ¼ c Veggie Spaghetti w/ Marinara Fresh or Chilled Fruit	Northwestern Pollack Fish Patty Whole Grain Rice ¼ c Fresh Green Beans ¼ c Veggie: Veggie Chik'n Nuggets Fresh or Chilled Fruit	Flamed Broiled Hamburger on Bun 1 ea Fresh Mixed Vegetables ¼ c Veggie: Bocca Patty on Bun Fresh or Chilled Fruit
17	**18**	**19**	**20**	**21**
Savory Orange Chicken 2 oz & Rice ¼ c Fresh Cucumber Slices 2 ea w/ Ranch Dip Veggie: Vegetable Fried Rice Fresh or Chilled Fruit	Creamy Mac & Cheese ½ c Fresh Baby Carrots ¼ c w/ Ranch Dip Veggie: Creamy Mac & Cheese Fresh or Chilled Fruit Toddlers: Cooked Carrots	"Breakfast For Lunch" French Toast 3 ea w/ Syrup Turkey Sausage Links 1 ea Veggie: Veggie Breakfast Patty Fresh or Chilled Fruit	Mini Baked Corn Dog Nuggets 4 ea Tender Sweet Peas ¼ c Veggie: Veggie Dog on Bun Fresh or Chilled Fruit	Chicken & Cheese Quesadilla 1 ea Sweet Yellow Corn ¼ c Veggie: Cheese Quesadilla Fresh or chilled fruit
24	**25**	**26**	**27**	**28**
Baked Chicken Fingers 3 ea Fresh Salad ¼ c w/ Ranch Dressing Veggie: Veggie Chik'n Nuggets Fresh or Chilled Fruit	Breaded Chicken Patty on Bun 1 ea Sweet Yellow Corn ¼ c Veggie: Veggie Chi'k Patty on Bun Fresh or Chilled Fruit	Four Cheese Ravioli w/ Marinara ½ c Fresh Mixed Vegetables ¼ c Veggie: Four Cheese Ravioli Fresh or Chilled Fruit	Home-Style Turkey Meatballs 3 ea & Gravy w/ Creamy Mashed Potatoes ¼ c Fresh Green Beans ¼ c Veggie: Veggie Chi'k Patty Fresh or Chilled Fruit	South Western Chicken Beans & Rice ½ c Fresh Baby Carrots ¼ c w/ Ranch Dip; Veggie: S/W Beans & Rice; Fresh or Chilled Fruit Toddlers: Cooked Carrots
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Roasted Turkey & Cheese on Soft Sub Roll 1 ea Fresh Cucumber Slices 2 ea w/ Ranch Dip; Veggie: Double Cheese Sandwich Fresh or Chilled Fruit		THIS MENU DOES NOT CONTAIN PEANUT OR PEANUT PRODUCTS	Fresh Fruits Used Daily - Chilled Fruits used on days Produce is not Ripened Fresh Vegetables are Included with Every Meal	Fresh or Chilled Fruit: Cantaloupe, Watermelon, Apple, Banana, Orange Wedges, Pears. Mandarin Oranges, Diced Pears, Peaches, Apple Sauce, Fruit Cocktail